

Cotteswold House Dental Care Sixteen Point Dental Health Check

Dr Steven Neal

Thursday, 7 January

	Very Healthy	Could be	Poor Health	N/A
	/ Yes	better	/ No	
You Feel Your Gums Are				
You Feel Your Teeth Are				
Medical Details Updated				
Problems Recorded and Checked				
Lifestyle Risks (Smoke/Drink)				
Home Care Routine				
Happy With Appearance				
Health of Jaw / Muscles				
Health of Tongue/Lips/Cheeks				
Health of Teeth				
Health of Existing Restorations				
Health of Gums				
Health of Bite				
Progress Check				
Radiographs (not every exam)				
Check of Health of Teeth and Fillings				
Check of Health of Bone				
Feedback	Maintain tooth and gum health with daily cleaning between			
	teeth (floss/TEPE), regular hygiene appointments and the use of a			
	Fluoride Toothpaste.			